



Seremos Sanos - We are healthy!

Trimester 2, 2016

Grades 3-5 Unit 1 Reflection

Students really enjoyed learning about body parts and being able to describe what others look like in Spanish class. Their Spanish is really beginning to expand and they are becoming super Spanish speakers! Our final project was designing a monster and describing it to the class while the class drew and estimated what each student's monster looked like. They had a blast listening to others' monster descriptions and describing their monsters!

Grades 3-5 Unit 2 Beginning

We are just about to start Trimester 2 and the students are ready to learn something new! Unit 2 will continue with a healthy bodies theme and highlight what are healthy foods to eat. Students will be able to understand and engage in short conversations about foods and discuss whether or not they are healthy for our bodies. Finally, students will be able to present healthy meals they would like to eat for breakfast, snack, lunch, and dinner.

Important Questions and Answers:

-¿Qué es sano (saludable) comer? (What is healthy to eat?)

-Es sano comer___. (It's healthy to eat__.)

-¿Es sano (saludable) comer_____? (Is it healthy to eat_____?)

-Sí/No es sano (saludable) comer_____. (It is (It is not) healthy to ea_____.)



-¿Qué tienes en tu plato? (What do you have on your plate?) ¿Qué hay en tu plato? (What's on your plate?)

-Tengo_____en mi plato. (I have _____on my plate.) Hay _____en mi plato. (There's____on my plate.)

-¿Qué vas a comer? (What are you going to eat?) -¿Vas a comer _____? (Are you going to eat _____?)

-Voy a comer_____. (I am going to eat_____.)

El vocabulario



el desayuno - breakfast	los vegetales - vegetables	las frutas - fruits	los granos- grains
el almuerzo - lunch	el brocoli - broccoli	la manzana - apple	el arroz - rice
la cena - dinner	las papas - potatoes	el melón - melon	el cereal - cereal
merienda - snack	la lechuga - lettuce	la banana - banana	el pan - bread
las cerezas - cherries	los pepinos - cucumbers	el melocotón - peach	los granos - grains
(gambas) - shrimp	las zanahorias - carrots	las piña - pineapple	el pescado - fish

el carne - meat	los lácteos - dairy	proteína - protein	bocadillo - sandwich
el bistec - steak	el leche - milk	el calcio - calcium	paella - paella
el cacahuete - peanut	el yogur - yogurt	vitaminas - vitamins	ensalada - salad
hamburguesa - hamburger	el queso - cheese	minerales - minerals	champiñones - mushrooms
el pollo - chicken	el helado ice cream	vitamina - vitamin	papas fritas French fries
los frijoles - beans	los huevos - eggs	la mantequilla - butter	pizza - pizza

